

PHARMACY DATA

January, 2012

THE NEXT PHARMACY DATA REPORT IS DUE TO THE STATE MID-FEBRUARY

The report will include three (3) topic areas:

- Use of Behavioral Health Medications
- Use of Psychotropic Medications by Therapeutic Category
- Top 10 Drugs Used by Different Populations

USE OF BEHAVIORAL HEALTH MEDICATIONS

This section will cover the Husky A & B population in 2010 (the next round of reports will start to include the adult population groups):

- Demographics of the people who use medications
- How use has increased/decreased since the last reporting period
- Comparison of growth in total number of members to growth in just the number of people who use meds (Growth by medication users always surpasses growth in the full membership)
- Comparison of use by Youth versus Adults
- Use by DCF youth compared to Non-DCF Youth
- Comparison between men versus women
- Differences in medication use across different age groups

USE OF PSYCHOTROPIC MEDICATIONS BY THERAPEUTIC CATEGORY

This section will examine use of different types or classes of medications (for example, anti-depressants versus anti-anxiety and others):

- Compares use by Youth and Adults
- Compares DCF Youth with Non-DCF Youth
- Will then look more deeply into use by Youth in different age groups

TOP 10 DRUGS USED BY DIFFERENT POPULATIONS

This section will review which medications are prescribed most often to different groups of people:

- Comparison of Adults with Youth
- Comparison between DCF and Non-DCF Youth
- Review of the rate of prescribing Generic as opposed to Brand name medication
- Rate of prescribing by behavioral health prescribers vs. non-behavioral health prescribers

WELLNESS AND CARE COORDINATION UPDATE

January, 2012

Number Enrolled as of September 26, 2011: ~ 40

Number Enrolled as of January 20, 2012: ~ 220

The program is intended to identify people with high risk for medical problems who also are struggling with a behavioral health issue. Medical diagnosis include:

- Asthma
- Coronary Artery Disease (CAD)
- Chronic Obstructive Pulmonary Disease (COPD)
- Diabetes
- Congestive Heart Failure (CHF)
- Hypertension
- Obesity

EXAMPLE 1

Woman in her mid-20's, living alone in an apartment that is filled with drug users. She says she has no support system or family, and sometimes finds herself turning to drug use to help her mood. She currently is prescribed nine (9) different medications, but says she does not take the one psychiatric medication.

She is diagnosed with:

- Major Depressive Disorder
- Drug abuse
- Rheumatoid Arthritis
- Lupus
- Pancreatitis
- Fibromyalgia
- (and other possible immune-system disease)

The WCC program is helping her reschedule a mental health intake visit, connecting with a medical cab to assist with appointments, help finding a new medical specialist, and coordinating her home health, behavioral health and medical services.

EXAMPLE 2

Woman in her mid-30's, living with boyfriend. She has had multiple treatments during the past year or two, for both medical and behavioral health reasons. She does have extensive drug/alcohol use and may not be interested in stopping that use.

She is diagnosed with:

- Bipolar Disorder
- Cocaine Dependence
- multiple other drug use/abuse
- Borderline Personality Disorder
- Cervical Cancer
- Asthma (severe)
- Obesity (she has gone from 400 to 295 pounds)
- Arthritis

The WCC program is helping her organize and manage her medications and medical appointments (PCP and pulmonary MD), plus her behavioral health visits. Also attempting to coordinate with providers for consistent prescriptions and treatment schedule.

Thank You